



## MONDAY

### BREAKFAST

**Choice of cereals:** Weetabix, Cheerios, Rice crispies, porridge, shreddies...

**Toast + Milk**

**Allergens:** milk, Wheat, oat, barley. May contain soya

Dairy free option

### SNACK

**Ricecake with cheddar cheese, apple & orange**

**Allergens:** Milk, May contain sesame seeds  
option

Dairy free

### DINNER

**Macaronni & Cheese**

**Allergens:** Durum wheat, Milk

Dairy free option

### SNACK

**Ham / Chicken / Cheese sandwich with orange and grapes**

**Allergens:** Wheat, Milk

Dairy free option

### TEA

**Breadsticks**

**Allergens:** Wheat



## TUESDAY

### BREAKFAST

**Choice of cereals:** Weetabix, Cheerios, Rice crispies, porridge, shreddies...

**Toast + Milk**

**Allergens:** milk, Wheat, oat, barley. May contain soya

**Dairy free**

### SNACK

**Natural yoghurt with pineapple and blueberry**

**Allergens:** Milk

**Dairy free option**

### DINNER

**Cottage pie**

**Allergens:** Milk, may contain celery  
option

**Dairy free**

**Meat free mince cottage pie**

### SNACK

**Ricecake with cream cheese, banana & apple**

**Allergens:** Milk

**Dairy free option**

### TEA

**Breadsticks & Raisins**

**Allergens:-**



## WEDNESDAY

### BREAKFAST

**Choice of cereals:** Weetabix, Cheerios, Rice crispies, porridge, shreddies...

**Toast + Milk**

**Allergens:** milk, Wheat, oat, barley. May contain soya

Dairy free option

### SNACK

**Ham / Chicken / Cheese wrap with oranges and tomatoes**

**Allergens:** Wheat, milk

Dairy free option

### DINNER

**Sweet and sour stir fry chicken serve with steam Jasmin Rice**

**Allergens:** Soya, egg, May contain celery

Dairy free option

**Sweet and sour stir fry quorn serve with Jasmin Rice**

**Allergens:** Soya, egg, May contain celery

Dairy free /egg free option

### SNACK

**Mixed berries and yoghurt**

**Allergens:** Milk

Dairy free option

### TEA

**Beans on toast**

**Allergens:** Wheat



## THURSDAY

### BREAKFAST

**Choice of cereals:** Weetabix, Cheerios, Rice crispies, porridge, shreddies...

**Toast + Milk**

**Allergens:** milk, Wheat, oat, barley. May contain soya

**Dairy free option**

### SNACK

**Breadsticks with pineapple, pear and grapes.**

**Allergens:** Wheat

### DINNER

**Hide vegetable penne pasta bake**

**Allergens:** Milk, Wheat, May contain celery  
option

**Dairy free**

### SNACK

**Wholemeal toast with banana and kiwi**

**Allergens:** Wheat, milk

**Free dairy option**

### TEA

**Crackers and milk**

**Allergens:**



## FRIDAY

### BREAKFAST

**Choice of cereals:** Weetabix, Cheerios, Rice crispies, porridge, shreddies...

**Toast + Milk**

**Allergens:** milk, Wheat, oat, barley. May contain soya

Dairy free option

### SNACK

**Pita bread with hummus, cucumber and melon**

**Allergens:** Wheat, milk, May contain sesame seeds  
option

Dairy free

### DINNER

**Fish fingers serve with roast sweet potato and mushy pea**

**Allergens:** Fish, Wheat, Milk  
option

Dairy free

**Vegetarian finger serve with roast sweet potato and mushy pea**

### SNACK

**Homemade banana bread and fruit**

**Allergens:** Wheat, egg, milk

Dairy free / egg free option

### TEA

**Crispbread with butter**

**Allergens:** Wheat, milk

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Dairy free option